

# Ankylosing Spondylitis Action Pathway (ASAP)

**Patients with:**

- Persistent Low Back Pain > 3 months
- First symptoms < 45 years

**Does the patient have...?** Please tick if yes

Morning stiffness >30mins

Improvement with exercise but not rest

Awakening in the second half of the night with pain

Alternating buttock pain

**Total number of above symptoms**



AS



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